



# 2026 SONC Summer Games Swimming Order of Events

Saturday, May 30

Event Number	Event	Heats
01	100y Freestyle	1-10
02	Level 1 - 15m Assisted Swim	11-12
03	4x50 Freestyle Relay	13-17
04	Level 1 - 25y Freestyle	18-19
05	100y Backstroke	20-23
1-06	25y Freestyle (1 <sup>st</sup> half of heats)	24-31
07	1650y Freestyle	32
2-06	25y Freestyle (2 <sup>nd</sup> half of heats)	33-40
08	Level 1 - 25y Assisted Swim	41-42
09	50y Butterfly	43-45
10	Level 1 - 25y Flotation Race	46-47
11	50y Breaststroke	48-51
12	100y Individual Medley	52-55
13	Level 1 - 25y Kickboard	56-57
14	25y Butterfly	58
15	200y Breaststroke	59
16	Level 1 - 25y Backstroke	60
17	100y Butterfly	61
18	Level 1 - 15m Unassisted Swim	62
19	4x50 Medley Relay	63
~9:15 a.m.	Level 1 - 15m Walk	90-93*

**\*Coaches, please have athletes report to the instructional pool at 9 a.m. for the 15m Walk.**



# 2026 SONC Summer Games Swimming Order of Events

Sunday, May 31

Event Number	Event	Heats
<b>20</b>	200y Individual Medley	<b>101</b>
<b>1-21</b>	25y Backstroke (1 <sup>st</sup> half of heats)	<b>102-107</b>
<b>22</b>	200y Freestyle	<b>108-110</b>
<b>2-21</b>	25y Backstroke (2 <sup>nd</sup> half of heats)	<b>111-114</b>
<b>23</b>	100y Breaststroke	<b>115-117</b>
<b>1-24</b>	50y Freestyle (1 <sup>st</sup> half of heats)	<b>118-127</b>
<b>25</b>	500y Freestyle	<b>128-129</b>
<b>2-24</b>	50y Freestyle (2 <sup>nd</sup> half of heats)	<b>130-144</b>
<b>26</b>	200y Backstroke	<b>145</b>
<b>27</b>	25y Breaststroke	<b>146-147</b>
<b>28</b>	50y Backstroke	<b>148-160</b>
<b>29</b>	4x25 Freestyle Relay	<b>162-168</b>