

Season Roster

First	Last	2019 Practice Time	Fitness/Nutrition Thursdays
Mitchell	Akin	T/Th - Early (6-7)	6:00-7:00
Michael	Bailey	M/W - Early (6-7)	6:00-7:00
Tracy	Baird	M/W - Late (7-8)	7:00-8:00
Nicole	Bell	M/W - Early (6-7)	6:00-7:00
Scott	Brewer	T/Th - Early (6-7)	6:00-7:00
Noah	Byrd	T/Th - Late (7-8)	7:00-8:00
Tyler	Cotterell	M/W - Early (6-7)	6:00-7:00
Megan	Czejkowski	T - Late (7-8) Th - Early (6-7)	6:00-7:00
John	Davis	T/Th - Late (7-8)	7:00-8:00
Patrick	Dear	M/W - Early (6-7)	6:00-7:00
Will	Delahoyde	T/Th - Late (7-8)	7:00-8:00
Matthew	Dumas	T/Th - Late (7-8)	7:00-8:00
Sami	EIOmari	M/W - Late (7-8)	7:00-8:00
Jennifer	Floyd	T/Th - Early (6-7)	6:00-7:00
King	Godwin	T/Th - Early (6-7)	6:00-7:00
Cassi	Goodman	T/Th - Early (6-7)	6:00-7:00
Gregory	Harvey	M/W - Late (7-8)	7:00-8:00
Bryan	Henry	T/Th - Early (6-7)	6:00-7:00
Bradford	Hunter	T/Th - Early (6-7)	6:00-7:00
Sara Carson	Hunter	T/Th - Early (6-7)	6:00-7:00
Kevin	Iannuci	W - Late (7-8)	6:00-7:00
Taki	Iwashima	T/Th - Late (7-8)	7:00-8:00
Benjamin	Jones	M/Th - Late (7-8)	7:00-8:00
Kate	Lyon	T/Th - Early (6-7)	6:00-7:00
Jacob	McGrew	T/Th - Late (7-8)	7:00-8:00
Kelly	McNulty	M/W - Early (6-7)	6:00-7:00
Sophie	Pacyna	M/W - Late (7-8)	7:00-8:00
Jonathan	Pardus	M/Th - Early (6-7)	6:00-7:00
Rebecca	Ryan	T/Th - Early (6-7)	6:00-7:00
Kanaan	Shackleford	T - Early (6-7)	6:00-7:00
Amanda	Singer	M/W - Late (7-8)	7:00-8:00
Connie	Smith	T/Th - Late (7-8)	7:00-8:00
Ryan	Tyndall	T/Th - Early (6-7)	6:00-7:00
Toma	Vincent	M/W - Late (7-8)	7:00-8:00
Danny	Wever	T/Th - Early (6-7)	6:00-7:00

Nutrition/Fitness	Pullen Community Center
M/W Practice	Millbrook Pool
T/Th Practice	Optimist Pool

Fitness/Nutrition	Total	At Pullen Community Center
6:00-7:00	21	
7:00-8:00	14	

Day	Time	Pool	Athletes
Monday	6pm-7pm	Millbrook	6
Monday	7pm-8pm	Millbrook	7
<b>Tuesday</b>	<b>6pm-7pm</b>	<b>Optimist</b>	<b>13</b>
Tuesday	7pm-8pm	Optimist	8
Wednesday	6pm-7pm	Millbrook	5
Wednesday	7pm-8pm	Millbrook	7
<b>Thursday</b>	<b>6pm-7pm</b>	<b>Optimist</b>	<b>14</b>
Thursday	7pm-8pm	Optimist	8